



“CRTM” – CAESAR RODNEY
TOASTMASTERS CLUB – 2297
Newsletter – Edition One – July 2018

THEME 2018-2019

***“Communication is the
Foundation of Leadership”***

You are never too old to set another goal or to dream a new dream.....C.S. Lewis

Message from your President Angelique Goudeaux

The beginning of July brings with it the start of a new Toastmasters year. As your President, I have selected as my theme – ***“Communication is the Foundation of Leadership.”*** I’d like for us to keep in mind that as we speak, evaluate, and take on different club roles, we are taking steps to become effective leaders and not just good speakers. I would like to take this opportunity to thank the outgoing Executive Board members for their invaluable dedication and contribution to CRTM’s continued success. For the 6th year in a row, we are President’s Distinguished, the highest honor Toastmasters International bestows upon its clubs. As a result of the outgoing Executive Board’s hard work, we ended the year with a cash award of \$50 for membership retention and early achievement of our President’s Distinguished Designation. It is with excitement and expectation that I welcome the new Executive Board. As you can see, the bar is set high. According to Dr. Ralph C. Smedley, Toastmaster’s founder, “The destination determines the direction.” We have our destination – President’s Distinguished Club for a 7th year.

Membership

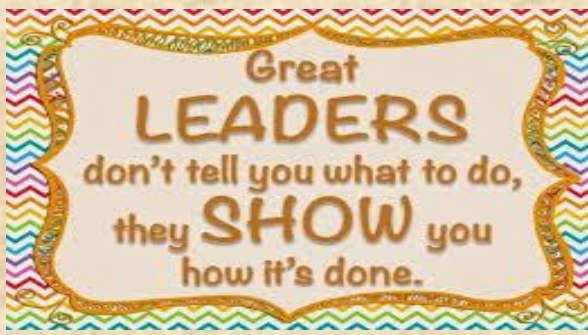
CRTM is starting this Toastmaster year with 26 members strong. Membership is our life force and new members are the key element in

growing our club. As a current goal, let’s increase this number with a strong focus on membership drives and club retention. More members mean a greater variety of unique personalities, diversity, more learning, and more value to CRTM.



Mentorship/Education

This past year a new education program was introduced called **“Pathways”** to help members continue in their personal and professional journey. We have 18 members enrolled in the new program. Bryan Steinberg’s diligent focus on his educational goals has him starting this year as CRTM’s very first member to complete a level in Pathways. **Congratulations, Bryan Steinberg,** for completing Visionary Communication Level 5 and earning the education award of Visionary Communication Proficient! Our VP of Education, Kathy Love-Moore, rolled out a new mentoring program checklist and mentor assignments. Giving back is important in leadership and communication development. For this year, let’s set educational goals and work with our mentors to complete them.



Leadership

During 2017-2018, we saw leadership in action. Our roster included three members who held top leadership positions: outgoing Area 11 Director, Bryan Steinberg, outgoing District Director, Tony Whitten and Program Quality Director, Elizabeth Carter. Carmen Lee Pow, did a phenomenal job organizing District 18's Fall Conference, putting together an event to rival all events. Leading by example, Carla Shipman (Table Topics), Carla Freeman (International Speech) and Angelique Goudeaux (Humorous Speech) stepped outside of our comfort zones and won speaking contests. These may sound like lofty goals, but they all started at the club level by doing **one role at a time**. I'd like to see all members challenge themselves. Shadow someone who is doing a meeting/officer role you are thinking about filling. There are committees and events outside of CRTM where you can volunteer to aid other clubs. These are just a few steps that will help you become effective leaders not just in Toastmasters but in your communities as well.

Fun



We cannot forget that Toastmasters is a place that provides a safe and enjoyable environment to grow. Many guests have commented that they like the camaraderie in our club. I don't know the exact recipe used in CRTM, but whatever it is, the club has managed to retain a core number of experienced members whose influence have helped motivate and nurture the

many personalities and individuals into something that strangers see as "**camaraderie**." Bea Vilme, an old timer would say – WHOOO-HOO --- CRTM ROCKS. Let's continue to embrace guests and members as they walk through our doors. Let's continue to laugh and have fun as we learn and experience new programs together.

As your President, I am excited to work with members of the new Executive Board. I am looking forward to themed meetings, speeches and conferences. I'm looking forward to Tuesdays. As they say, *there is no "I" in TEAM*. There is no "I" in CRTM either. This is a group effort and by working together, we can continue to keep CRTM a strong and dynamic club. President's Distinguished here we come...once again.

WE ARE CAESAR RODNEY TOASTMASTERS



CRTM CLUB OFFICERS 2018-2019

President:	Angelique Goudeaux, CC
VP.Education:	Kathy Love-Moore, ACB,ALS
VP.Membership:	Carla Shipman, CC
VP.Public Relations:	Carmen LeePow,DTM,PDG
Secretary:	Sangeeta Naik, TM
Treasurer:	Beatrice Vilme, ACB,ALS
Sergeant at Arms	Edward Damerou,TM

I'm open for possibilities. I'm open for choices. I always welcome new ideas. I'm always eager to learn. I'm never going to close my mind from learning..... Cesar Millan

To all members: Please note that the Newsletter will be completed and emailed every quarter. This is the first issue ending July, 28. All members are requested to submit news, events, accomplishments of members in and outside the club, articles that may be of interest to all members for the good of the club. There will be four issues starting with this one. The next issues will be completed and mailed, October 28, January 28, and the last one April 28. All information for the Newsletter must be sent to the PRO, Carmen Lee Pow, no later than the 20th of the four months shown.

“PATHWAYS” – The most talked about new program from Toastmasters: Check out this website for helpful information – I personally believe it will help you to get started and have many of your questions answered.

<http://karenstorey.com/PATHWAYS/Pathways.htm>

CRTM MEMBERS WORKING ON PATHWAYS

13 CRTM members have chosen their path

11 CRTM members are working on their Level 1 path

Sangeeta Naik completed Dynamic Leadership level 1 and is starting level 2

Maria D’Souza has 2 more speeches to complete Visionary Communications level 1

Angel Goudeaux has 3 more speeches to complete Visionary Communications level 1

Ed Damerau has 4 more speeches to complete Leadership Development Level 1

Bryan Steinberg just started a new path, Innovative Planning.



Traditional Program

Belinda Criddell - one more speech to earn her CC

Carla Renee Franklin –one more speech to earn CC

Deb Davis - 1 or 2 more speeches to earn CC

Leah Cole - one more speech to earn her ACS and needs to present 2 speeches from Better Speaker Series and/or Successful Club Series to meet her requirement for ACS.

Bea Vilme - one more speech to complete ACS, needs to present 2 speeches from Better Speaker Series and/or Successful Club Series to meet her requirement for ACS. Then plans to complete Advanced Communicator Gold (ACG) requirement and earn DTM in Spring 2019

Kathy Love-Moore - working to complete ACG and DTM by Spring 2019



CRTM

PRESIDENTS DISTINGUISHED CLUB 7 CONSECUTIVE YEARS

Ed Damerau presented with his ribbon for doing an excellent job as Table Topics Master for the first time!



Last CRTM meeting for the Toastmasters 2017-18. Out-going District Director-Tony Whitten performing one of his last duties - presenting Sangeeta Naik, with Best Table Topics Speaker ribbon. Way to go!



Congratulations to our guest Charles Reinecke, for filling in as our ah-counter and winning the Best Table Topics ribbon for the evening!



Kathy Love-Moore is presented with an Advanced Communication Silver trophy in Memory of Nola Blye for having completed her ACS.



Group picnic of three Presidents Distinguished Clubs having a fun time at the home of Carmen LeePow, past DG. Congrats to CRTM, GNAT and PPAT!





**DIVISION A TRAINING AUGUST 11, CONCORDIA
LUTHERAN CHURCH, 3003 SILVERSIDE ROAD
11:00-4:00PM**

**SEPTEMBER 15, DISTRICT 18 TRAINING
EXTRAVAGANZA**

**Maritime Conference Center
692 Maritime Boulevard
Linthicum Heights, MD 21090**

**TOASTMASTERS INTERNATIONAL CONVENTION
CHICAGO, IL. AUGUST 21-25, 2018**

**THANK YOU TO THE OFFICERS THAT WERE TRAINED AT
SIEMENS, JULY 28. WE NEED ALL 7 OFFICERS TRAINED
TO QUALIFY FOR THE \$50.00 CERTIFICATE.**

CLUB MISSION AND ATMOSPHERE

CRTM provides a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

Humor and joy are integral parts of CRTM's club atmosphere. Members share laughs and smiles throughout every meeting, all the while keeping their Toastmasters promise and supporting themselves and fellow members through determination, diligence, and constructive feedback.

WHY Toastmasters: - Toastmasters is a place where you develop and grow - both personally and professionally. You join a community of learners, and in Toastmasters meetings we learn by doing.

Whether you're an executive or a stay-at-home parent, a college student or a retiree, you will

improve yourself; building skills to express yourself in a variety of situations. You'll open up a world of new possibilities: giving better work presentations; leading meetings - and participating in them - more confidently; speaking more smoothly off the cuff; even handling one-on-one interactions with family, friends and colleagues more positively.

TIPS TO THINK ABOUT

Building Persuasive Speaking Skills

1. Believe in your product
2. Build rapport – use small talk if necessary
3. Be friendly, courteous and patient
4. Be a good listener and use it to your advantage
5. Understand that credibility is of utmost importance
6. Understand the needs of your buyer/audience
7. Introduce solutions that satisfies the need
8. Understand what you say and project is equally important. This may mean showing a bit of your own personality to deliver your message – use of body language, pitch, rate, articulation, pronunciation, volume, pauses, breathing, projecting facial expressions, smile, eye contact and much more....
9. Look for the nod in your buyer/audience
10. Get the commitment and close the sale



GOT AN IDEA FOR THE NEXT NEWSLETTER, SEND ME YOUR INFORMATION AND PICTURES BY OCTOBER 20, TO BE PUBLISHED. HAPPY READING!!!

**CARMEN LEE POW, DTM/PDG
VP. PUBLIC RELATIONS AND NEWSLETTER FOR CRTM**